

Mentorship provides emotional support when a veteran is faced with challenges.

#### **Frequently Asked Questions**

#### Can I be a mentor?

Yes. Provided you pass a background check, as long as you can empathize with struggling veterans and act as an ally and a friend, you can be a mentor.

#### How do I take the first step?

Contact Us! The first step is to fill out an application and meet with the Mentor Coordinator.

#### Do I need a background in psychology?

No. A mentor offers friendship, support, and a non-judgmental ear. A mentor is not a counselor or therapist and does not offer psychological advice or treatment.

#### Am I required to report on a Mentee?

No. The Mentor Program is independent from the Hennepin County Veterans Court and Probation Department. Unless you become aware of an emergency, you would only report to the Mentor Coordinator on a periodic basis.

# COVER YOUR SIX MENTOR PROGRAM

#### **Mission Statement**

The Mission of Cover Your Six Mentor Program is to provide Veteran to Veteran assistance to program participants who are involved in the Hennepin County Veterans Court. The program will identify veterans, assess their needs, offer them assistance, and help them solve their problems. We will support the veteran through their adjustment to civilian life, navigation through the Court, treatment, Veterans Administration systems, and act as Mentors, advocates, and allies.

# This Program can't exist without dedicated Mentors like YOU!

#### **Contact Us**

Ronn Easton, Mentor Coordinator Phone: 612-240-3868 Email: ronneaston63@gmail.com







# Cover Your Six Mentor Program

A Veterans' greatest asset is a fellow Veteran



#### **Veterans Court**

The mission of Hennepin County Veterans Court is to promote public safety and assist and support veterans and their families by creating a coordinated response through collaboration with veterans' service delivery systems, community based services, and the criminal justice system. Participants are referred from traditional criminal court in order to provide veterans with an opportunity to undergo intensive supervision and treatment instead of regular probation or prison sentences.

The goal is to address behavioral health issues and assist with education, employment and housing problems to reduce the tendency to revert to criminal activity.

Veterans Court meets every Monday at 10:00am in Courtroom 857 at the Hennepin County Government Center, 300 South Sixth Street, Minneapolis, MN 55487.

#### What is a Mentor?

The role of the veteran mentor is to act as a coach, friend, role model, and advocate for the participant s/he is working with. The mentor will encourage, guide, and support the participant as s/he progresses through the Veterans Court Program.

#### **Duties of a Mentor**

- Participate in and lead mentoring sessions with the mentee
- Be supportive and understanding of the difficulties veterans face
- Assist the mentee as much as possible to resolve any concerns they may be facing
- Arrange recognition events for mentee
- Engage in positive social activities with mentees
- Be supportive and helpful to the other mentors within the program
- Attend court sessions with mentee, if able

### Benefits of being a Mentor

- Satisfaction from helping a fellow Veteran in need
- Improve the ability of a Veteran to pay their debts to society through a Court program of supervision and treatment
- Assist the Court system in rehabilitating offenders and reintroducing them into civilian life in a positive and healthy way



## **Mentor Requirements**

- Be a veteran of one of the branches of the U.S. Military
- Complete and pass a criminal background check
- Adhere to policies and procedures as established by the Cover Your Six Mentor Program
- Commit to participation for a minimum of 12 months
- Complete Mentor Orientation
- Participate in additional trainings offered through the time of service

#### How do I become a Mentor?

If you are interested in becoming a mentor or to find out more about the Cover Your Six Mentor Program, contact Ronn Easton - Mentor Coordinator, at 612-240-3868 or ronneaston63@gmail.com.